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News Release

For Immediate Release

Firefighter candidates prepare for physical agility testing

More than 100 Springfield Firefighter hopefuls will participate in physical agility testing Thursday. The testing is the next step in the application process, following a written exam. The physical agility course is designed to simulate physical tasks firefighters are expected to complete while on duty. It includes a stair climb, dummy drag, ladder raise and other exercises. The course, which must be completed in less than 7 minutes, is followed by a 1-mile run. Candidates who pass the physical agility test will move on to the interview phase of the application process. Springfield Fire Academy 3 will begin in September.

For media only:

Members of the Springfield Fire Department Training Division will be setting up and running through the course this morning. While cameras will not be allowed to video the actual testing, media are welcome to film the run-through on Wednesday morning.

For more information, contact Assistant Fire Chief of Training Andy Woody at 417-761-1886.